



# Reduce Pain with a Class IV Laser

The use of Class IV laser input is highly effective in managing acute and chronic pain. Whether it's musculoskeletal pain, neuropathic pain, trigger point pain or acute trauma related. Simple laser treatments can help address your pain and get you back to living your life.

## Pain Blocking Mechanisms

- Laser light causes production of high levels of pain killing chemicals such as endorphins and enkephalins from the brain and adrenal gland
- Laser treatments decrease nerve sensitivity by blocking transmission of pain signals to the brain
- Laser therapy can stimulate trigger points and acupuncture points on a noninvasive basis providing musculoskeletal relief

## — The Light Does the Work, Not the Heat —

Lasers treat the cause, not the symptoms, but...

### "How long will it take to feel better?"

- Many patients feel some immediate relief after their first session.
- Sustained relief often takes around 2 weeks for more acute injuries
- Chronic pain might need maintenance treatments after 2 weeks

## What to Expect During Your Session

- Your session with us will last anywhere from 8-15 minutes
- The Laser will feel warm but should never be uncomfortable
- Side effects can include fatigue, soreness and headaches, but all brief and passing quickly.