



Reduce Inflammation with Class IV Laser

Laser therapy has an anti-edemic effect as it causes vasodilation. It also activates the lymphatic drainage system. This system moves excess fluid out of swollen areas. This works to reduce inflammation and bruising. Whether from acute injury, or chronic issues, class IV laser treatments can reduce your swelling

Edema Management Effects

- Laser light increases the energy available in your cells, allowing cells to take on nutrients faster and shed fluid easier.
- Class IV laser stimulates ATP production. This is the energy source your cells need to advance your healing process.
- Laser therapy also dilates existing blood and lymphatic vessels, bringing increased blood supply and helping to improve reuptake of fluid..

— The Light Does the Work, Not the Heat —

Lasers treat the cause, not the symptoms, but...

"How long will it take to feel better?"

- Many patients see some immediate relief after their first session.
- Full resolution often takes around 2 weeks for more acute injuries
- Chronic edema might need maintenance treatments after 2 weeks

What to Expect During Your Session

- Your session with us will last anywhere from 8-15 minutes
- The Laser will feel warm but should never be uncomfortable
- Side effects can include fatigue, soreness and headaches, but all brief and passing quickly.